

# 5<sup>th</sup> Research Forum of the European Association for Palliative Care



**PRE CONFERENCE SEMINAR  
MAY 24-27 2008  
Lofoten Islands**



EAPC

# Program EAPC Research Forum 2008 Lofoten Islands, May 24-27, 2008



## Pre Conference Seminar

### May 24:

- 13.30: Meet at Coastal Express dock, Bodø
- Approx. 14.00: Group check-in, Coastal Express ship MS Trollfjord
- 15.00: Departure from Bodø on the Coastal Express
- 16.00: Welcome! Coffee and refreshments available, Valhall deck 5
- 19.30: Aperitif
- 20.00: Dinner on board
- 21.00: Arrival at Svolvær, Lofoten
- 21.45: Bus transportation from harbour to accommodation at Svinøya Rorbuer – individual check-in

### May 25:

- 07.00: Breakfast at Restaurant "Børsen"
- 08.30: Scientific program starts
- 10.00-10.15: Coffee and tea
- 12.00-13.00: Two-course lunch at Restaurant "Børsen"
- 14.00-14.15: Coffee and tea
- 16.00: End scientific program day 1
- 17.15: Meet at dock at Svinøya (next to accommodation facilities)
- 17.30: Departure fishing trip with sightseeing at the Troll Fjord  
A traditional Norwegian dinner is served on board the fishing boats
- Approx. 22.00: Arrival back at Svinøya

### May 26:

- 07.30: Breakfast at Restaurant "Børsen"
- 09.00: Scientific program starts
- 10.00-10.15: Coffee and tea
- 12.00-13.00: Two-course lunch at Restaurant "Børsen"
- 14.00-14.15: Coffee and tea
- 16.00: Scientific program ends. Baguettes/sandwiches available as a snack
- 18.00: Transportation by bus to Henningsvær

### May 26:

- 18.30: Visit to the Gallery "Lofotens Hus" (House of Lofoten)  
The Gallery hosts an excellent collection of classical art from the late 19th century and works by the Lofoten artist Karl Erik Harr. The guided tour will end with a fascinating multimedia show about the four seasons in Lofoten.
- 20.00: Three-course dinner at a Henningsvær Restaurant
- 22.30: Transportation by bus back to Svinøya
- 23.00: Arrival at Svinøya

### May 27

- 07.30: Breakfast at Restaurant "Børsen"
- 09.30: Meet at dock at Svinøya (next to accommodation facilities)
- 10.00: Departure by charter boat to Bodø
- 13.30: Arrival at Bodø  
Ten minute transfer to the airport
- 15.05: Departure flight no to Trondheim
- 16.00: Arrival at Trondheim airport Vernes

The pre-conference journey starts in Bodø and ends in the main EAPC 2008 conference city of Trondheim. Participants at the pre-conference must therefore book their flights to Bodø (BOO) prior to the preconference, but return home from Trondheim (TRD) after the main conference.

#### Climate and clothing:

The Lofoten Islands are situated roughly 350 kilometres (217 miles) north of the Arctic Circle. Climatic conditions are unpredictable, and temperatures in late May can range from 0 degrees Celcius (32 Fahrenheit) to 25 degrees Celcius (77 Fahrenheit). It is recommended you bring adequate clothes, preferably a Gore-tex jacket, water repellent shoes/boots and warm sweaters. Although we can guarantee for you to experience the midnight sun and spectacular scenery, we cannot rule out the possibility of rain! The social program and activities for accompanying persons will be considered according to the weather conditions.



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## Scientific program

### May 25:

08.30-09.00 Introduction. Stein Kaasa

#### Wave A: Genetics and interindividual variability

##### Plenary session I

09.00-09.30 Molecular biology and its application in palliative care research. *Frank Skorpen*

09.30-10.00 Genetic analyses - what is the clinical value? *Ken Fearon*

10.00-10.15 Coffee and tea

##### Parallell sessions I, 10.15-12.00

Pain		Cachexia	
Chair:	Stein Kaasa	Chair:	Ken Fearon
Co-chair:	Frank Skorpen	Co-chair:	Florian Strasser
Rapporteur:	Pål Klepstad	Rapporteur:	Vickie Baracos

12.00-13.00 Lunch

#### Wave B: Assessment

##### Plenary session II

13.00-13.30 Methodology of symptom assessment in palliative care.

What is the ideal assessment tool? *Jon Håvard Loge*

13.30-14.00 Symptom assessment in clinical practice: challenges and pitfalls

*Robin Fainsinger*

14.00-14.15 Coffee and tea

##### Parallell sessions II, 14.15-16.00

Pain	Cachexia	Depression
Chair: Marianne J. Hjermstad	Chair: Florian Strasser	Chair: Jon H. Loge
Co-chair: Geoffrey Hanks	Co-chair: Vickie Baracos	Co-chair: Mari Lloyd Williams
Rapporteur: Neil Hagen	Rapporteur: Paddy Stone	Rapporteur: Irene Higginson

### May 26:

#### Wave C: Classification

##### Plenary session III

09.00-09.30 Do we need new classification systems for pain, cachexia, and depression in palliative care? *Kathy Foley*

09.30-10.00 Classification of a patient population. Lessons learned from intensive care. *Pål Klepstad*

10.00-10.15 Coffee and tea

##### Parallell sessions III, 10.15-12.00

Pain	Cachexia	Depression
Chair: Stein Kaasa	Chair: Lukas Radbruch	Chair: Jon H. Loge
Co-chair: Pål Klepstad	Co-chair: Ken Fearon	Co-chair: Mari Lloyd Williams
Rapporteur: Robin Fainsinger	Rapporteur: Jim Cleary	Rapporteur: Elisabeth Wasteson

12.00-13.00 Lunch

#### Wave D: Guidelines

##### Plenary session IV

13.00-13.20 What are international guidelines, and what is their role in palliative care? *Augusto Caraceni*

13.20-13.40 Guideline methodology. *Irene Higginson*

13.40-14.00 How to implement and apply the guidelines in daily clinical work. *Lukas Radbruch*

##### Parallell sessions IV, 14.15-16.00

Pain	Cachexia	Depression
Chair: Geoffrey Hanks	Chair: Vickie Baracos	Chair: Irene Higginson
Co-chair: Neil Hagen	Co-chair: Ken Fearon	Co-chair: Franco De Conno
Rapporteur: Augusto Caraceni	Rapporteur: Lukas Radbruch	Rapporteur: Mari Lloyd Williams



